

Orange & Ginger



Garden Gate Day Spa and Salon Fall Specials



Special Packages good September 26
thru December 2, 2017

Warming Orange Ginger Massage Package

90min **Your Special Price \$115 for one / \$250 couple**

The essential healing properties of ginger will help you to renew and unwind with this invigorating Orange-Ginger full body massage experience. It is sure to relieve tension & stress, as well as soothe muscle aches.

You'll also receive the following services for FREE: Warm Fizzy Ginger Foot Soak, Hot Oil Ginger Scalp Massage, Spa Day Use & a Gingerbread Muffin with a lemon cream cheese drizzle.

Orange Ginger Facial Experience

60min **Your Special Price \$115**

Fall back in love with your skin with this All-Natural, Customized Orange Ginger Facial. Includes deep cleansing, exfoliation, special all-natural orange ginger facial mask & hydration. This rejuvenating organic facial treatment will leave your skin feeling refreshed and glowing!

You'll also receive the following services for FREE: Hot Oil Ginger Scalp Massage, Ginger Eye Compress, Spa Day Use & a Gingerbread Muffin with a lemon cream cheese drizzle.

CALL TO SCHEDULE 865-4818 or BOOK ONLINE gardengatespa.com

New Fall/Winter Hours starting October 3rd Tuesday-Saturday 9am-6pm

BENEFITS OF GINGER:

This aromatic herb has a spicy, pungent and citrus-like taste and is grown in large quantities in Jamaica, and in many Asian countries around the world. Ginger is versatile; it can be used fresh, dried, powdered, as oil or as juice. No matter what form it is consumed in, ginger is a herb that will surprise you! Ginger has long been used for promoting a healthy heart. Ginger lowers the cholesterol level and helps prevent blood from clotting, which in turn helps to reduce the risk of various heart diseases. Ginger is also used to help calm an upset stomach. Ginger can be used to lower blood sugar levels and increase the effectiveness of insulin and other drugs for treating diabetes. Ginger boosts the immune system by inducing sweating and so ginger is used as a natural treatment for colds and flu. At the same time, ginger contains anti-viral, anti-toxic and anti-fungal properties. Ginger has anti-inflammatory properties and is a powerful natural painkiller and hence it can be used to reduce pain. Ginger powder has natural anti-septic properties that makes it effective in treating dandruff problems. Ginger powder has circulatory agents that can stimulate blood circulation in the scalp. This triggers the hair follicles and induces hair growth.



Garden Gate Day Spa & Salon 5 Thomas Rd. LL, NM 87031

